



Institute of Spiritual Enlightenment Studies

Semester I -- Principles of Man (PM-101)

- ◆ Who Am I? Why am I here? What is man's purpose in this incarnation or in any incarnation? What is the ego and its role in our lives? These are some of the questions that will be explored during this semester. This semester will bring awareness to the mental body, the emotional body and the physical body, thus linking personality and soul; relaxation techniques; and visualization through the use of mandalas. Additional topics discussed include nutrition, proper breathing, concentration.

(Note: Each student is required to write a book report, but not more than three pages.)

Semester II -- Psychology of the Soul (PS-102)

- ◆ The soul's purpose. An introduction to spiritual awareness, meditation, will and their role in development of the intuition. Humanity's purpose in experiencing life anywhere in the Universe is to grow in evolutionary experience and to master each phase in his eternal life. And how do we master the third dimensional environment of Earth? First, by getting to truly 'know ourselves' - who we are, what we are, why we are here. Second, by learning to control all aspects of this environment. Third, by understanding Earth and its relationship to what lies beyond the third dimensional environment.

Semester III -- Principles of Immortality (PI-201)

- ◆ Is this life all there is? Must I learn all the lessons there are in one lifetime? This semester focuses on death and dying concepts. The various stages of death and the cycles of reincarnation are highlighted. Interpretation of dreams and the importance of journal keeping are introduced. Student is guided in studying the relation between the varied religions and how they are all striving for the same purpose: the path to the One. The underlying principles surrounding the various

religions, including Buddhism, Hinduism, Shinto, Sufism, Islamism, Judaism, Taoism, Christianity.

- ◆ In addition to the above, the student begins to see the potential self in all things. Discrimination and discernment are introduced to elevate the attitude of the mind. Techniques to becoming a good listener. Students are also shown the difference between the material instrument (the brain), the doer (the self), the organ (the mind), and the impulse (energy).

(Course includes written reports based on assigned movie; crematorium tour; mock funeral.)

Semester IV -- Metaphysical Studies (MS-202)

- ◆ The study of spiritual healing modalities are explored, through study of the chakras, glands, astrology, Tarot, energy field, and light and sound based on esoteric studies. The student learns healing techniques to heal themselves, as well as others and the universe. Healing begins on a personal level before healing on the universal levels takes place. Introduction to the human anatomy, the role of the glands and study of glamour/illusion. Beliefs are challenged as we move inward, connecting with our Higher Self.
- ◆ Work on holding the light and projecting energy. Integrate the personality through understanding the right application of the energy sensed through meditation, prayer, etc. This is a year of healing of the internal as well as the external Self. Expansion of mind and spirit. Introduction to the Tarot; life energy and spiritual warfare.

Semester V -- Cosmic Laws (CL-301)

- ◆ This semester provides the student with a deeper understanding of the ancient mysteries and philosophies and metaphysical symbols. Discussion of cosmic laws. Further topics include the law of cause and effect; universal intelligence; the multi-dimensional being; and an in-depth study of vibration and energy. Study of the Kabbalah and continued exploration of the Tarot.

Semester VI -- Ancient/Sacred Wisdom Studies (A/SWS-302)

- ◆ The life journey continues. Activate the Higher Self and the world of soul and focus upon out-picturing that which you desire to out-manifest in your life and affairs. Understanding of the cosmos, the origin of man and creation based on the eastern and western traditions. Study of the popular secret esoteric and occult orders that existed years ago and some that exists today and exploration of the various teaching orders.

Institute of Spiritual Enlightenment Studies

Principles of Man 🌀 Psychology of Immortality 🌀 Psychology of the Soul 🌀 Universal Laws 🌀 Comparative Religion 🌀 Holistic Health and Healing 🌀 Mind and Energy Studies 🌀 Intuitive Process and Inner Awareness 🌀 Spiritual Healing 🌀 Nutrition 🌀 Numerology (Beginner) 🌀 Metaphysical Studies 🌀 Ancient/Sacred Wisdom Studies 🌀 Manifestation Techniques 🌀 Spiritual Awareness 🌀 Ministerial Studies 🌀 Miscellaneous Information

PRINCIPLES OF MAN (PM-101)

THOUGHTS: EFFECTS AND CAUSES (PM-101/1.5 Credit Hours): A course that describes and examines various classes of thoughts. How do we create through our thoughts? How do you perceive the universe and others? Thoughts are your own looking glass. Are you wearing rose-colored glasses? Topics includes: classes of thoughts; thought forms defined; origination of thought forms; finding your truth; effects of thoughts on circumstances; effects of thoughts on health and body; causes of suffering; and outward manifestation.

CONCENTRATION (PM-101/1.0 Credit Hours): This course will explain why the meditation process begins with concentration. Concentration involves focusing the mind on an object and holding the mind steadily on that object. Through concentration, one turns off the "chatter channel" and aligns the personality with the soul. Topics include: Concentration versus will power, techniques and exercises practiced, holding the seed thought, seeking the meaning behind the seed thought, symbols, discernment and discrimination, the intuitive process, and astral stuff.

SOUL PSYCHOLOGY (Part I and II) (PM-101 & 102/1.5 ea. Credit Hours): This course relates to soul development. The word *psychology* is derived from the Greek word "psyche," which means soul, and logos, which means study. Therefore, the meaning of the word psychology is "study of the soul." However, the soul has often been overlooked in science. Spiritual approach to psychology of everyday living and experience. Steps to eliminate emotional stress. Topics includes: the six-step process for healing emotions; spiritual science of the seven rays and the twenty-two chakras, methods for clearing negative psychic energies that inhibit soul growth, and the 100 most common pitfalls and traps on the spiritual path.

CHANGING HABITS TO BECOME MORE CREATIVE (PM-102/1.0 Credit Hours): This lesson helps you identify and deal with issues that limit your spiritual development. Most of our limitations are due to our habits. As you work through and change your habits, you experience physical, emotional, mental and spiritual well-being. Habits are created by thinking the same thoughts repeatedly. How to change your habits? Topic includes: creative responsibility, the creative process; wrong versus right thinking; creative habits; creating through pain and suffering; changing masks; creating through love; mending our health; creating happiness; creating prosperity.

PSYCHOLOGY OF IMMORTALITY (PI-201)

IMMORTALITY AND TRANSITION (PI-201/1.0 Credit Hours): The old question "If I die, will I live again?" It is a question that has baffled humanity for centuries. As children, we are taught to believe in mortality. But the average adult thinking mind comes to question many things that were related to them as children. Science has not, as yet, come forth with a proof of immortality and may not, because it cannot be contained in a laboratory. Matters become

scientific, as far as the individual is concerned, when proof is embedded in our own minds as a result of personal experience. The object of this lesson is to set forth an account that will provide truth of continuity of life, and the ability of a person to think after the transition called death. Topics include: immortality, transition, science, spirit-communications, heaven, and hell.

REINCARNATION (PI-201/1.5 Credit Hours): A course that examines the wheels of reincarnation and the seven bodies of man. Comprehensive study on death and dying concepts. Students are shown difference between the material instrument (the brain), the doer (the self), the organ (the mind), and the impulse (energy). Other topics includes: cycles of rebirth, karma, immortality, kundalini, ascension, perfection, astral bodies/astral projection, and soul traveling.

REGRESSION (PI-201/1.0 Credit Hours): A course that focuses on past lives. Techniques that allows you to investigate past memory and to judge for yourself how important it is in your present life. Why are we drawn to certain localities? Why do we *feel* that we know a particular individual? Or having a certain gift or talent, such as playing musical instruments, without formal training. Understanding why we have specific views on certain issues. Removing blocks from our psyche. Difference between past life and regression work. Hypnotherapy discussed. Includes: behavioral patterns, habits, fears, beliefs, dejavu, relationships, emotional traumas; mental/physical preparedness, death/rebirth, dreams, regression techniques and problems.

DEATH AND DYING (PI-201/1.0 Credit Hours): A course that expounds on all areas surrounding death and dying. Fears associated with transition process. Living versus dying. What occurs during death and at death? Terminal illnesses. Dealing with grief. Dying well. We ask: "Is death natural or unnatural?" The stages of death. Writing your own eulogy/obituary. Mock funeral. Also includes: history of death, mummification, burial versus cremation, fear of death, suffering, pain, attachment, remorse, death rituals and ghosts.

PSYCHOLOGY OF THE SOUL (PS-201)

MEDITATION (PS-201-202/1.5 Credit Hours): This course examines the benefits of meditation, such as focusing the mind, visualization, thought form building, and meaning behind thought forms. This course will aid in quieting and stilling the mind. Meditation is communion with the soul, linking the personality with the soul. Daily meditation disciplines the self. Meditation topics include achieving deep relaxation, eliminating stress, promoting overall health, increasing creativity and intelligence, and attaining inner peace. Fundamentals of Meditation. Also includes: meditation defined, types of meditation, establishing discipline, breathing exercises meditation versus prayer, proper breathing, power of listening, power of words, intuitive listening, quieting the mind.

CONCENTRATION (PS-101/1.5 Credit Hours): This course will guide the student through focusing on an object and holding the mind steady in the light. One-pointedness. Quieting the lower mind. Concentration is the work of the aspirant on the probationary path to perfection and removing the veil of illusion. Seeking truth behind the seed thought. Practicing discernment and discrimination. Several preliminary steps are required, such as sitting, emptying the mind while concentrating on an object, removing stress from the body; rhythmic breathing; and imagery or visualization.

CONTEMPLATION (PS-101/2.0 Credit Hours): This course is combined with the Meditation course. Contemplation help students understand its purpose and why it is an essential discipline tool. Contemplation brings focus to the mental body, calm to the emotional body, and discipline to the physical body. Includes the following: concentration shifts consciousness from personality to the soul, contemplation is non-separateness, illusion is dispelled, working from plane of soul, highest level of meditation.

MANDALAS (PS-202/1.0 Credit Hours): This lessons explores the history of mandalas. Importance of mandalas. Mandalas are as old as mankind and contain energies and vibrations that resonate with nature. Based in the East, the mandala is traditionally a balanced tapestry of symbols for contemplation and concentration. Participant will learn how to create mandalas through meditation. At the end of lesson, participants will have own personal mandala art suitable for meditation and possibly art for framing. Participants will find that with the creation of mandalas, they help ease mental chatter. No artistic experience required.

IMPORTANCE OF PRAYER (PS-202/1.0 Credit Hours): What is prayer? We draw upon our intuitive Self and the collective consciousness of the group to make prayer successful. Discrimination and discernment are introduced to elevate attitude of the mind. Understanding difference between asking and listening. Includes: What is prayer? What is scientific prayer? What/Who is God? How do we communicate with God? Who heals? What is meditation? What is faith? What is fear? Also: action versus inaction, power of denial, power of affirmation, and prayer vs. meditation.

ART OF LISTENING (PS-102/1.0 Credit Hours): Are you really listening? What does it mean to listen well? Advantages and disadvantages in listening. Quieting the mind of chatter. Discovering your inner voice. Listening with your heart and soul. Listening techniques. Topics include: steps to a good listener, listening exercises, hearing what is not being said, how to hear the voice of silence, listening difficulties, accept versus blame, guilt, improve communication self esteem, self awareness, release, and being non-judgmental.

UNIVERSAL LAWS (to be added) (UL-202)

COMPARATIVE RELIGION—(CR 302)

COMPARATIVE RELIGION (CR-202/1.0 Credit Hours): This course explains how metaphysical teachings are at the center of all world religions, although most of the original meanings have been lost through misinterpretation. Understand and experience various techniques and philosophies that have been developed over the centuries. Find out how the various religions relate to one another, although cloaked in deep symbolism. Some religions covered: Confucianism, Taoism, Buddhism, Judaism, Hinduism, Christianity and Islam traditions. Discussion of the western and eastern religious thought. Further understanding and exploration will be facilitated by a variety of field trips to various religious sites and places of worship. Participants should be prepared to write a report on the experience. At

the end of this course, student should have a broader perspective regarding comparative religions.

HOLISTIC HEALTH AND HEALING (HHH-301)

A HOLISTIC APPROACH TO HEALTH THROUGH NUTRITION (HHH-301/2.0 Credit Hours): Food and nutrition is an integral part of our society. Creating good nutritious habits. Includes: diet and health; holistic medicines; nutrition and aging; healthy mind/healthy body; causes of dis-ease; balance; survival through nutrition; toxins and detoxification, food combining; liver function; listening to your body speak; exercise; and humor.

MIRACLES OF WATER (HHH-101/1.0 Credit Hours): As the saying goes, "Water is the essential fluid of life. . .the solvent of our ills and the deliverer of a radiant long life." We can go without food many days, but we cannot survive without water. Our bodies are 80 percent water, therefore, our bodies require water, and lots of it. Includes: water and illness; pure water; air and water; water usage; body and water; dehydration; illness and diseases; water cures; water from food; benefits of water; joint problems; aging; and fluoridated water.

MIND AND ENERGY STUDIES (MES-201/202)

UNDERSTANDING THE HUMAN AURA (MES-201/2.0 Credit Hours): What is the aura or energy field? What does it look like? Can anyone see it? This course will answer these questions and more. Learn what the aura is and how you can see it. Although this course only provides some basic information on training to see auras, further training will be required to determine the various layers of the aura and what the colors denote. Includes: visualization and color exercises, human aura; interpreting color; clairvoyant skills; clairaudience; clairsentience; auric sight; and glossary.

THE HUMAN BODY (MES-202/0.5 Credit Hours): This course focuses on the make-up of the human body. Exploration of the seven bodies. How disease is formed. Listening to your body. A new body created every seven years. Balance and imbalance. Includes: commentary on forces--seen and unseen, introduction of the chakras, colors, auras, after-death process, philosophy of death, energy and harmony.

THE DUCTLESS GLANDS (MES-301/2.0 Credit Hours): Discover the mysteries of the glands, e.g., adrenal, pineal, thyroid, endocrine, etc. Study the seven glands and how they relate to the Universe. Overview of personality types produced by the ductless glands. Includes: functions of the ductless glands; the ductless glands and their planetary rulers; pituitary and thyroid comparison; underdeveloped glands and its effects; overactive glands; illness associated with the ductless glands; glandular imbalances; and human traits of the ductless glands.

THE CHAKRAS AND ENERGY (MES-301/2.0 Credit Hours): A third-year course that discusses human energy and the seven major energy centers or chakras. How the centers affect the endocrine glands and other glands in the body, including the nervous system and body. Energy and consciousness. Explore the human energy field. Discover a new way to look at yourself—with renewed honor and respect. Move through deep changes within yourself and find yourself more in touch with who you are. Expanded perception of reality. Acquire valuable life-long healing tools that can be integrated into your current professional and personal life. Includes: energy system, the subtle bodies; function and purpose of the

chakras; human aura and exercises; developing, eliminating energy leakage; breathing and energy exercises; cleansing and activating chakras; balancing your centers; chakra healing and intuition techniques; location of chakras; and colors.

CRYSTALS (MES-101/0.5 Credit Hours): A fun course that answers your questions concerning crystals. All you ever wanted to know but were afraid to ask! The course examines programming, projection, healing, cleansing and manifestation, to name a few. Students work with their personal crystals. Crystal topics include: crystal energy, choosing crystals, myths surrounding crystals, types of crystals, and purchasing techniques.

MOVING THROUGH OUR FEARS (MES-101/2.0 Credit Hours): How did fear come into being? Did we create it? If we created it, how can we get rid of it? Are our fears advantageous? This short course will answer these questions and guide you through several exercises to help eliminate fear. Feel the fear and do it anyway. Topics include: Facing our fears, letting go, becoming the observer, chemical imbalance through fear, stages of fear, living in the present, and fear versus faith.

STEPPING OUT! (MES-101/1.0 Credit Hours): This course examines the obstacles we place in our lives, and why we don't remove them. This course encourages taking risks. Try something you never done before. What is that one thing you have always wanted to do but your fears prevented you. Take that leap! Take the risk! Confront your fear and step out of the box. Practice exercises to uncover hidden potential.

FORGIVENESS AND LETTING GO (MES-101/1.0 Credit Hours): Why do we choose to hurt long after an incident has passed. What are the keys to emotional freedom and self-acceptance? How do I let go completely? How can I experience total freedom? Unforgiveness creates fear and uncertainty. Release bondage. Closing old wounds. Take back control of your life. Owning up to who you are.

INTUITIVE PROCESS AND INNER AWARENESS (IPIW-202)

INTUITIVE DEVELOPMENT (IIA-202-301/1.0 Credit Hour): Manifestations of the intuitive forces are interesting, exciting and helpful. With this course, you can gain more in your daily life by producing desired results through metaphysical means, understanding and directing the forces and metaphysical laws through spiritual awareness. Includes: What is a sensitive? What is psychism? development of psychic sensitivity; developmental tips; images and symbols; and divine guidance.

DREAMS (IIA-202/1.5 Credit Hours): Interpretation of dreams is only one aspect of dreams. Dreams are sources of great wisdom and guidance and there is much we can do to delve into this reservoir and receive answers to questions. Having the right dream at the right time helps with practical problems as easily as it can bring flashes of enlightenment and inspiration. Learn the symbolic language of dreams. Tips to use to remember dreams. This lesson includes: dream, interpretation and symbols; types of dreams; when is a dream not a dream; nightmares; psychic dreams; self-discovery through dreams; lucid dreams; precognition, sleep/dream walking, and sample in-class practice discussion on specific dreams.

INTRODUCTION TO RELIGIONS (Mini-Course) (ASWS-202/1.0 Credit Hours): Gnosticism is the school of spiritual philosophy that was Christianity's earliest rival. Its focus

is on the attainment of a gnosis (a knowledge: an intuition of the truth) that brings salvation from ignorance, rather than belief, good deeds or contrition. It poses burning questions, the answers to which are extremely relevant to our own day. This mini-course investigates the beginnings and basic theories of Gnosticism, from its time of inception to the present day. Included: The Good God and The Evil God; Wine and Fragrance; and The Light of Paradise.

SPIRITUAL HEALING (SH-301)

SPIRITUAL HEALING (SH-301/3.0CH): Spiritual healing treatment is a powerful tool that is used to improve the quality of life and enhance one's spiritual development. Healing is more than positive thinking. It is conscious use of one's spiritual power to transform the mind, body and spirit. Become aware of your agreement with the Infinite, Love, Joy, Peace, Creativity, Intelligence and Abundance. This agreement with perfection already exists; it is really returning your consciousness to its natural spiritual state. This course contains, in detail, the steps necessary for treatment work. They are simple, easy to understand and give definite suggestions on treatment methods. Anyone willing to learn the material explained in this course and willing to devote several minutes a day to its practice will change for the better. Students will find the truth of themselves as they work with the ideas discussed in this course. Included: introduction; humanity's divine nature; the realization and systematic methods of treatment; affirmative prayer; treatment for specific conditions; sensible aids; the healing consciousness; treatment worksheets, and some sample spiritual mind treatments.

NUMEROLOGICAL and ASTROLOGICAL STUDIES (NAS-202)

INTRODUCTION TO NUMEROLOGY (NAS-202/1.0 Credit Hour): Numerology is the study of numbers and their meanings, based on the belief that the name you were given at birth and the day, month, and year you were born influence who you are and what happens during the course of your lifetime. This course in Basic Numerology will give you the tools that are necessary to learn the specific meanings of numbers and how to convert them to discover their hidden meanings. Included is an introduction to numerology; the symbolic meanings of numbers; the practicalities of numerology; and the use of numbers in our daily lives.

ASTROLOGY FOR BEGINNERS (NAS-202/1.0 Credit Hour): An introductory course designed to enable you to examine the building blocks that help create your natal or birth chart. Believe it or not, you have some say so into whose family you were born, the day on which you were born, the environment and locality that will aid in your evolution. Learn the astrological signs, planets, houses, and other aspects that will help you understand who you are. Have fun creating your own birth/natal chart. Understand the importance of the signs and houses as each has special attributes associated with them.

SELF AWARENESS (SA-102-201)

SPIRITUAL APPROACH TO ANGER (SA-102-201/3.0 Credit Hours): The purpose of this course is to assist people in learning how to effectively recognize, understand, express and create an openness to anger. This course explores the psychology, the moral considerations, and useful ways in dealing with anger. The course identifies ways that anger can be harmful and ways that anger can provide a force for constructive action. The course includes steps to work through anger, in-class techniques that get to the root of anger,

moving beyond anger, and releasing self-defeating habits, and finally letting go of anger. Anger and its destructive side.

METAPHYSICAL STUDIES (MS-302)

METAPHYSICS IN OUR DAILY LIVES (MS-302/3.5 Credit Hours): A course in metaphysics providing background, understanding and frame of reference needed for metaphysical thinking. What is metaphysics? Includes: Metaphysical Principles; Meditation; Prayer; Intuition versus Hunch; Divine Guidance; Resolving Life's Problems; Importance of the Unseen; Truth of Being; Consciousness of the Truth; Who or What Is God?; Indwelling God; Humanity's Consciousness With the Divine; Right Mental Attitude; Principles of the Study of Man; Practicing Metaphysics; Getting Results; Law of Abundance; Giving and Receiving; Awareness of Self; Value of Knowledge; Creative Mind; Why Are We Here; How to Correct Wrongs; Service; Sincerity to One's Work; Vibrational Energy.

A PRACTICAL APPROACH TO RITUALS AND MAGIC (MS-202/1.0 Credit Hours):

Magic has existed universally since the beginning of time. It is usually called "white," "black," or good or evil. The individual's intent determines whether magic or any other desire is good or evil—it lies in the thought. Magic is the ability to effect change based on one's will and by invoking the supernatural powers. Magic has three functions and three elements--to produce, protect, and destroy. They include spells, incantations, specific rituals and prayers. Whether magic results in what is desired depends upon the consciousness of the practitioner, who undergoes a purification process that alters his or her state of consciousness. This is accomplished through various procedures, such as fasting, meditating, chanting of mantrums, visualization or imagery, symbols, rhythmical dancing, and sometimes the taking of stimulants. The purpose of this course is to give the student an understanding of the history and traditions of western magic and its uses.

METAPHYSICS IN THE NEW MILLENNIUM (MS-302/2.0 Credit Hours): A new thought of consciousness is rising. As this new wave rushes in, we re-evaluate our lives by getting rid of some of the old that no longer beneficial to our spiritual growth. A cleaning out of t stirring up the useless debris that has collected in our consciousness. Old patterns of thinking and being, for so long useless and limiting, are being stripped from humanity so that a clear, fresh, spiritual viewpoint may become the foundation for an enlightening age. In this 11-lesson course, you will discover how you can control your own world in the midst of chaos and confusion. The course includes: The Future; Reprogramming The Computer; Techniques for Reprogramming; Meditation, Meditation Techniques; The Spiritual Teachers; Becoming Enlightened; Our Personal Universe; Loving Yourself/Loving Others; and Thankfulness.

ANCIENT/SACRED WISDOM STUDIES (A/SWS-302)

SECRET SOCIETIES AND OCCULT ORGANIZATIONS (A/SWS-302/5.0 Credit Hours):

It is a little-known fact that for thousands of year's secret societies and occult groups – guardians of ancient esoteric wisdom – have exercised a strong and often crucial influence on the destiny of the universe. As Freemasons, Hermetic Golden Order of the Dawn, The Ordo Templi Orientis, Knights Templar, Illuminati, Rosicrucians and others, they affected the course of the French and American revolutions as well as the overthrow of the medieval order. Inevitably, the true ideals and esoteric practices of these societies have at times been perverted by self-serving individuals,

and one that is still occurring in our world today. The Nazis, the British and American security forces, the founding fathers of America and the Vatican have all had a part – for good or ill – in the occult conspiracy. This course explores these connections, tracing occult influences in politics. It sheds light on these influences in government and in the lives of many well-known figures. Reading this course will leave you with little doubt that the secret societies – largely ignored by orthodox historians and persecuted through history – have survived and continue to operate powerfully in the world affairs of today. Truth cannot be stamped or shut out.

INTRODUCTION TO THE KABBALAH (A/SWD-302/1.5 Credit Hours): There is an old legend that God whispered the secret wisdom of the Kabbalah (Tree of the Sephiroth) to Moses on Mount Sinai, that Moses communicated it to the elders, and that they in turn passed it on to their immediate successors. It remained a secret, oral tradition, from mouth to mouth, known to very few until centuries later. Learn its symbols. Participants will create their own Tree of the Sephiroth, containing the four worlds (physical, mental, emotional, spiritual), that can be used for personal meditation, revelation, contemplation and concentration. The course will provide the basics needed to understand what this ancient tradition is all about. Included: Introduction; Tradition; Magic; Legend; History; Image of Divinity; Jacob's Ladder; Symbolism; Angels and Demons; Human Race; Hidden Wisdom; Conclusion; The New Age.

INTRODUCTION TO THE TAROT (A/SWD-302/1.5 Credit Hours): Discover the hidden meaning of the tarot. Tarot for divination purposes. Explore the 22 major arcana. Tarot spread work and reading. Intuitive interpretation. Tarot meditation. Self-discovery through the tarot. Other tarot techniques. How tarot affect our personal lives. Participants will color the 22 major arcana and use in meditation studies. .

ANGELS/DEVA KINGDOM (A/SWD-302/1.0 Credit Hours): The course examines the mystery behind the "unseen" and "hidden" kingdoms. Participants will explore the various angelic and devic kingdoms and the inhabitants. various orders of the angelic and deva kingdoms will be discussed, including the many aspects, names and symbols. How the angelic kingdom evolves as we evolve. As we learn, the angelic kingdom learns.

MANIFESTATION TECHNIQUES (MS-301)

ABUNDANCE AND PROSPERITY (MT-301/1.0 Credit Hours): This exciting course examines the barriers we place before us which block our good. What is the law regarding abundance? Is there ever too much or too little? Maintaining our spiritual focus in a material world. Practicing detachment. Creating one's own reality. Eliminating lack. Removing struggle. Share techniques designed to facilitate connection with our eternal supply and how to move that energy into the physical world.

SPIRITUAL WARFARE (SW-301)

SPIRITUAL WARFARE (SW-301/3.0 Credit Hours): There is not one area in this universe that has not become or is not a battleground of some sort of spiritual warfare. This course discusses various ways to protect yourself against external stimuli. Learn how to become a spiritual warrior. Recognize the barriers and strongholds in advance and prepare the way through prayer, faith and spiritual awareness. Includes: Recognizing

Falsehood; Releasing Fear; Prayer; Psychic Attacks; Energy Depletion; Depression; Obsession; Manipulation; Personal Empowerment; Mechanics of Defense; Misuse of Power.

MINISTERIAL STUDIES (MS-401)

COUNSELING FOR SPIRITUAL MINISTERS (MS-401/3.0 Credit Hours): A course designed for the minister or ministerial student preparing for a spiritual or metaphysical ministry. Its approach is based on an awareness of the potentialities and limitations of pastoral counseling. Throughout this course we focus on the concerns of the local minister who is not, and does not intend to become, a counseling specialist. He/she sees this traditional role as a major asset the minister has in counseling and directs attention to how it can be fully utilized. The structure and style of this course makes it readily adaptable to either classroom use or personal reading by the minister. Additional reading is suggested as well as mock practice sessions in which two or more persons may work together to develop their counseling skills. Included are: Challenges faced by Ministers, Purpose and Significance of Pastoral Counseling; Common Steps of Counseling; Lengthy and Short-Term Counseling; Relationship and Marriage Counseling; Family Therapy; Crisis, Anger, Bereavement and Spiritual Counseling; Pastoral Care.

INTRODUCTION TO SPIRITUAL COUNSELING (MS-401/3.0 Credit Hours): Many call themselves spiritual counselors because they have become part-time ministers, healers, psychics or lay care givers. Most have had no formal training or at the very least, not enough training. Little thought has been given to training and education. These areas raise questions about the spiritual counselor's identity. This course teaches some of the most basic principles and techniques of counseling. You will see some of the situations in society today that make the need for people who care greater than ever before. You will learn some of the reasons people behave the way they do - about their basic needs, goal orientation, self-concept and how we are always learning and growing. You will learn the critical importance of listening attentively and the "feeling words" to listen for. You will be presented with things to avoid that will assist you in listening. You will be introduced to a new way of replying that helps the "counseled" better understand their own situation. You will gain an understanding of how to give feedback that facilitates the counseling process and will learn to avoid feedback pitfalls. You will look at the decision-making process, and the assessment of yourself and others. Finally, you will learn what to do when you know you do not have the preparation and skills to deal with the problem at hand.

SIMPLIFIED COUNSELING FOR THE SPIRITUAL MINISTER (MS-401/2.0 Credit Hours): Spiritual/Pastoral Counseling is no longer just the province of the orthodox religious community. It is a response to the need for someone to really care for the troubled within the modern spiritual center and those numerous persons who have no center, but who turn to a minister or spiritual counselor for help when crises arise. This course is designed for beginning spiritual counselors and includes: The Art of Listening; Becoming a Counselor; Counseling Re-Evaluation; Overcoming Behavioral Patterns; Speaking Openly; Goals of the Counselor.

MISCELLANEOUS INFORMATION

GLOSSARY OF METAPHYSICAL TERMS: This 50-plus page glossary was created primarily for use by the students of the Institute of Spiritual Enlightenment, but it is also to be used by people of all walks of life who are interested in pursuing metaphysics for self-enlightenment and spiritual development. This glossary of metaphysical terminology may be

beneficial to those people who are enhancing their own understanding. We have included as many definitions as possible under the title of "Glossary of Metaphysical Terms".

COURSE CATALOG AND CURRICULUM BOOKLET: Our booklet is required and recommended for all students. Includes: Admission Procedures; Events Calendar, Certification Programs; Evaluation Forms; Curriculum; Course Descriptions; Practitioner Programs; Additional Degree Certifications; Application and Enrollment Forms.